

Tigers Relays

April 8, 2017

Location: PEET JUNIOR HIGH SCHOOL, 1895 Longmire Rd., Conroe, TX 77304

Meet Founder
Rudolph Hall

Meet Director
Chris Alexander (713-446-5740)

Sanction

USATF Gulf Association

Registration	7:30 am
Coaches Meeting	8:00 am
Meet Starts	8:30 am

AWARDS

1st through 6th Place Overall winners receive RIBBONS

ADMISSION

Athletes	\$6
Spectators	\$6

Coaches— All Listed Back Ground Checked Coaches Free

<u>Division</u>	<u>Age/Birth Year</u>
8 & Under	<8 years (2009 & younger)
9 - 10	9-10 years (2007-2008)
11 - 12	11-12 years (2005-2006)
Youth	13-14 years (2003-2004)
Intermediate	15-16 years (2001-2002)
Young Men/Women	17 years & Up (1999-2000)

12 and under may participate in only **3** events.

13 and up may participate in only **4** events.

Athletes must compete in only **one** age division.

Races will be run on a rolling schedule.

Order of events will be run youngest to oldest per division, unless stated.

Three attempts only in all field events. **No parents or Coaches on the field.**

Restrooms and Concessions Available.

RUNNING EVENTS

3000m Run	11 - 12 & Up
80 M Hurdles	11 - 12 G/B
100 M Hurdles	13-14 G/B, 15-16 G, 17-18 W
110 M Hurdles	15-16 B, 17-18 M
800 M Run	8 & Under - 9 - 10
50m Dash	5 & Under
100m Dash	11 - 12 & Up
200m	8 & Under - 9 - 10
400m Run	11 - 12 & Up
1500/3000m RW	9 - 10 & Up
4x100m Relay	All
1500m Run	All
4x400m Relay	All

FIELD EVENTS

High Jump	9 - 10 & Up
Shot Put	All
Turbo Javelin	8 & under, 9 - 10 & 11 - 12
Javelin	13-14 & Up
Long Jump	All